

People, pills and politics

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Prescription for a healthier Canada.

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In one word, what is your wish for Canadian healthcare over the next decade?

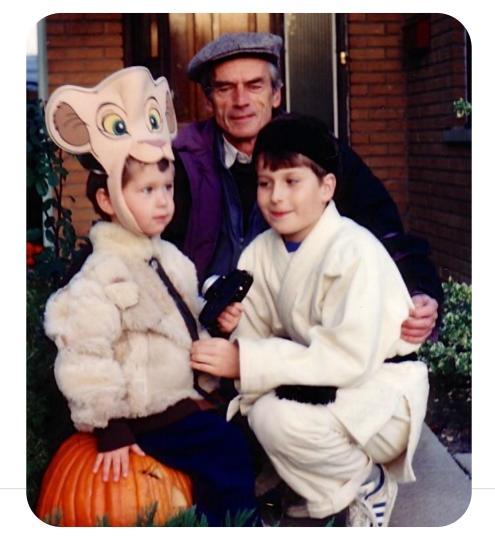
Join by Text







Text in your message









Healthcare is about relationships.

On paper, people can seem to have similar risk profiles.

Anne 65F Diabetes Former smoker 5 medications Albert 65M Diabetes Former smoker 5 medications





What are some reasons **why** these two people could have such different health outcomes?

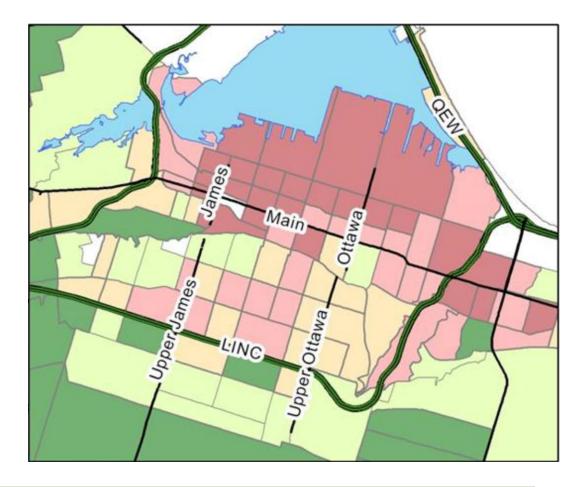
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Zoom out to see profound health disparities even a few kilometers apart.





Health is more than healthcare.



What makes Canadians sick?

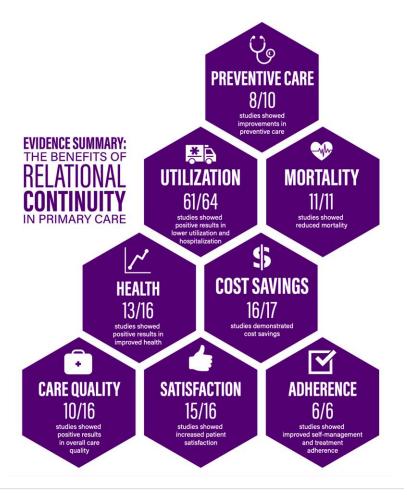
| 50% | Your life | Income Early childhood development Disability Education Social exclusion Social safety net Gender Employment / working conditions |
|---|------------------|--|
| 25% | Your healthcare | Racism Access to healthcare Colonialism Healthcare system Safe and nutritious food Walt times Housing / homelessness |
| 15% | Your biology | Community belonging Biology Genetics |
| 10% | Your environment | Air quality Civic infrastructure |
| These are Canada's social determinants of health. | | |
| | | |





Together, we have the power to change this story.

Even a simple intervention can make a difference.





TELUS Exclusif

If you had a magic wand, what would you change as your prescription for a healthier Canada?

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Let's create a healthier future, together.

Prescription for innovation: Ideas for a healthier Canada



Sonia Hsiung

Director, Canadian Institute of Social Prescribing Canadian Red Cross Dr. Jesse Kancir Public Health Specialist and Family Doctor



Dr. Samir Sinha

Director of Geriatrics Sinai Health and University Health Network



Thank you

