



People, pills and politics

Dr. Dominik Nowak
Chief Medical Advisor, TELUS



Prescription for a healthier Canada.

Dr. Dominik Nowak
Chief Medical Advisor, TELUS



@DominikNowakMDs

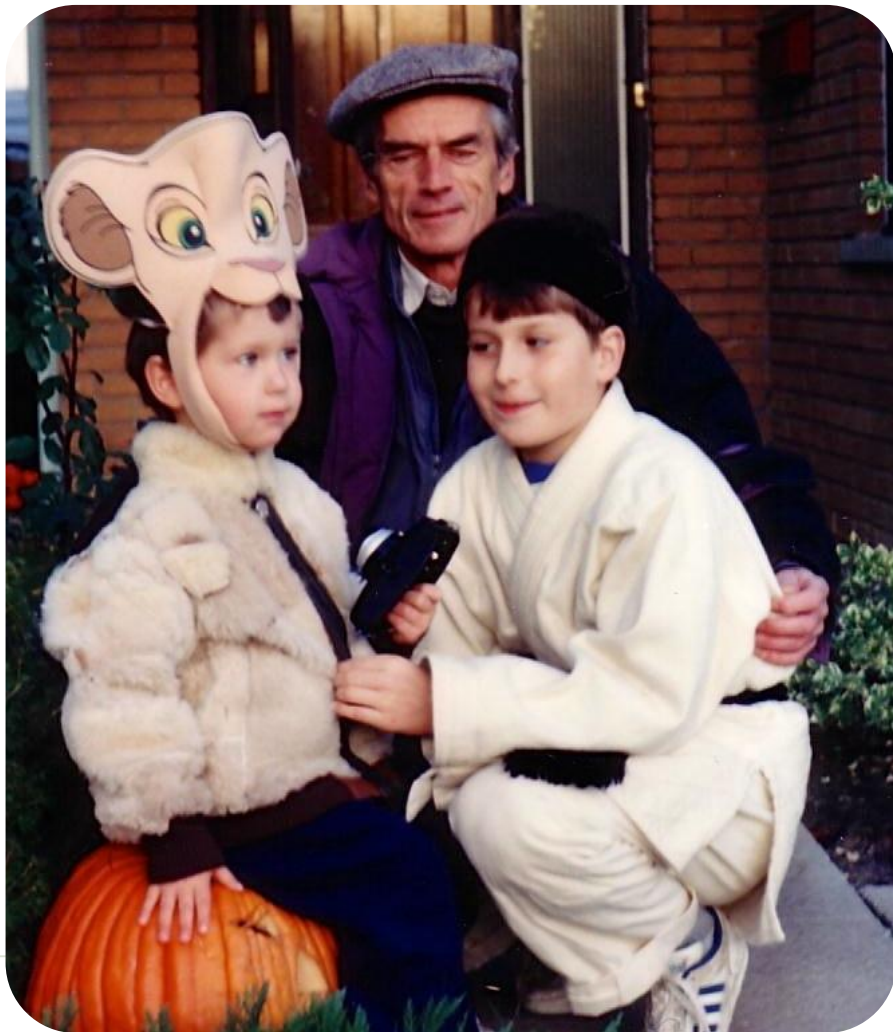


In one word, what is your **wish** for Canadian healthcare over the next decade?

Join by Text



- 1 Text **TELUSHEALTH** to **37607**
- 2 Text in your message





Healthcare is about
relationships.

On paper, people can seem to have similar risk profiles.

Anne
65F

Diabetes
Former smoker
5 medications

Albert
65M

Diabetes
Former smoker
5 medications



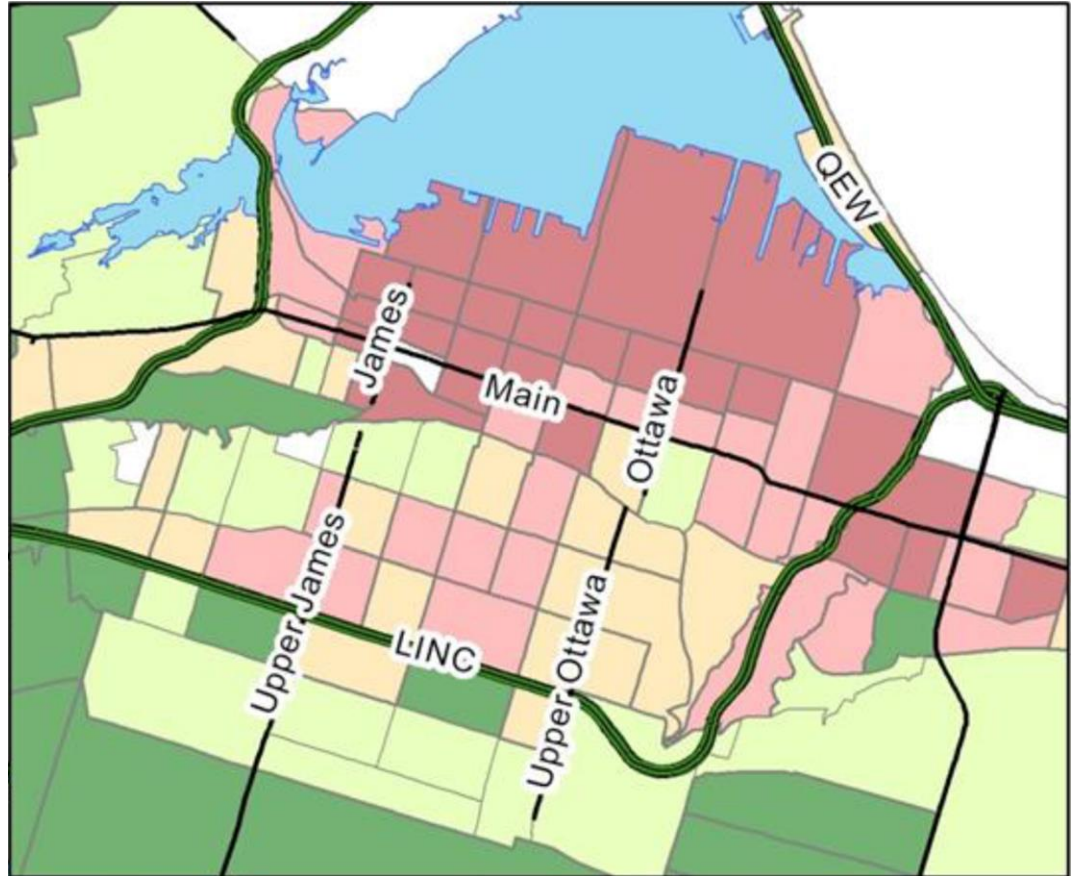
What are some reasons **why** these two people could have such different health outcomes?

Join by Text



- 1 Text **TELUSHEALTH** to **37607**
- 2 Text in your message

Zoom out to see profound health disparities even a few kilometers apart.



Health is more than
healthcare.



What makes Canadians sick?



These are Canada's social determinants of health.





Together, we have the
power to change this story.

Even a simple
intervention can
make a difference.



If you had a magic wand, what would you **change** as your prescription for a healthier Canada?

Join by Text



- 1 Text **TELUSHEALTH** to **37607**
- 2 Text in your message

Let's create a healthier
future, together.

Prescription for innovation: Ideas for a healthier Canada



Sonia Hsiung

Director, Canadian Institute of
Social Prescribing
Canadian Red Cross



Dr. Jesse Kancir

Public Health Specialist and
Family Doctor



Dr. Samir Sinha

Director of Geriatrics
Sinai Health and University Health
Network

Thank you

 **TELUS**® Health